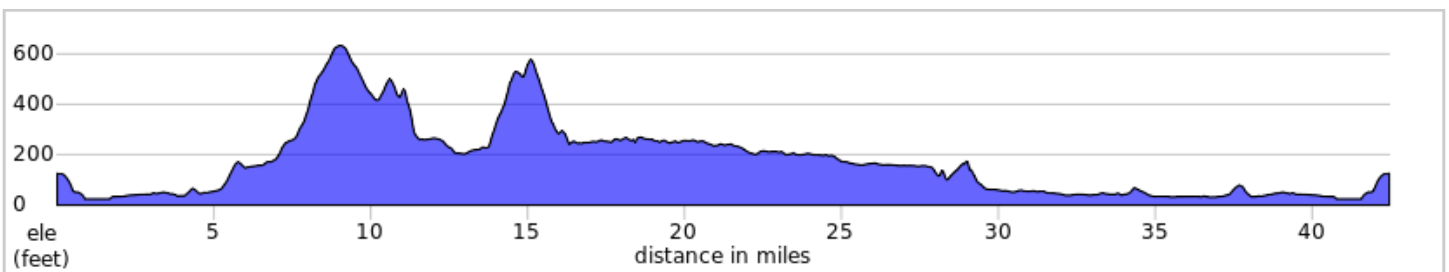
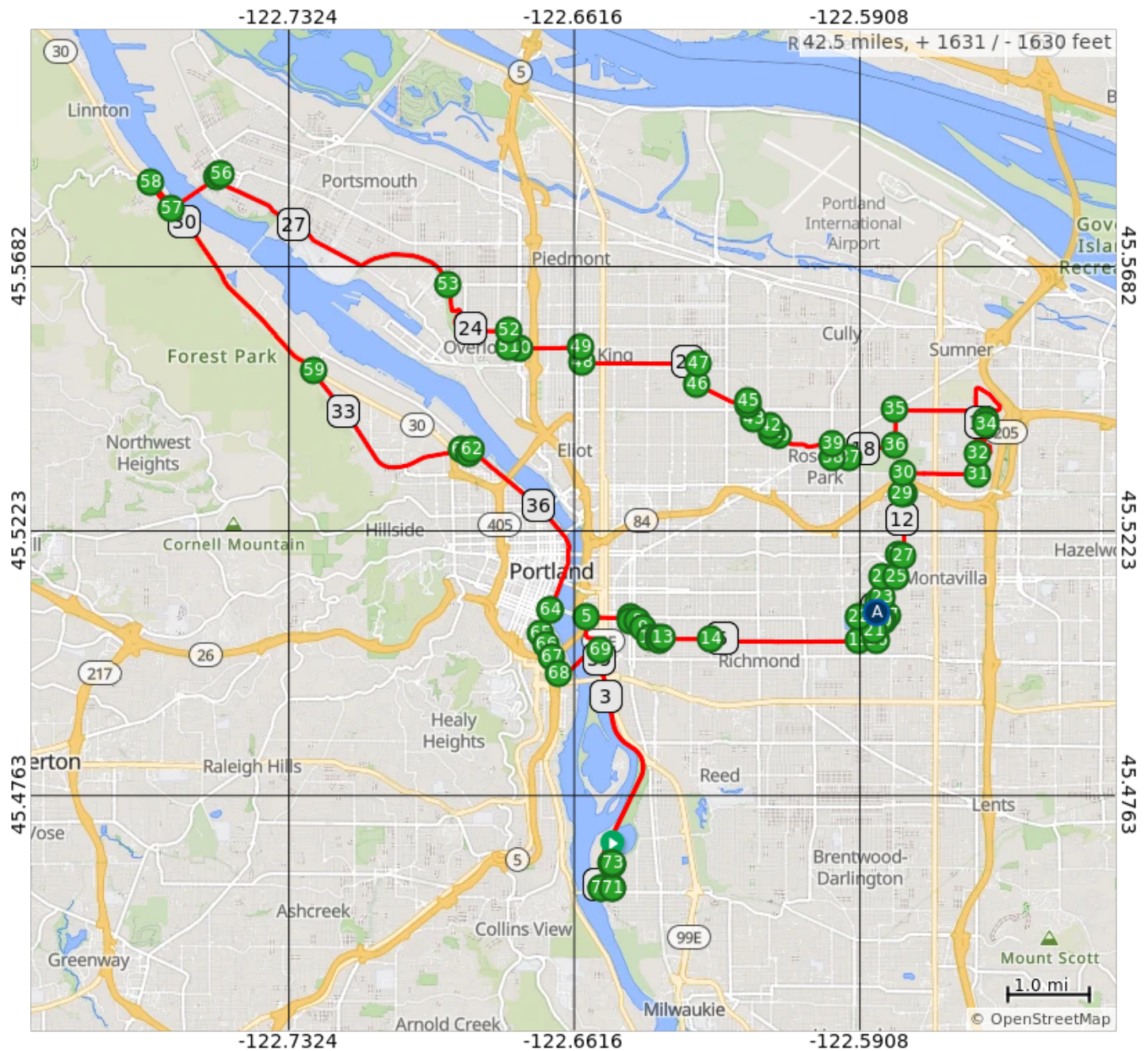


Sellwood Park-Mt Tabor-Rocky Butte-St Johns-Tilikum Crossing



A. Restroom



Ride Leader: Mark Detrick (503) 936-4137

Sellwood Park-Mt Tabor-Rocky Butte-St Johns-Tilikum Crossing

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.0
2.	0.0		R onto SE 7th Ave	0.3
3.	0.3		R onto SE Spokane St	0.1
4.	0.5		R onto Springwater Trail	3.6
5.	4.1		R onto SE Hawthorne Blvd	0.5
6.	4.6		R onto SE 11th Ave	0.0
7.	4.7		L onto SE Clay St	0.1
8.	4.8		R onto SE Ladd Ave	0.1
9.	4.9		Straight through circle	0.1
10.	5.0		Circle, 5th exit to SE Harrison St	0.2
11.	5.2		Slight R onto SE Cypress Ave	0.0
12.	5.2		L onto SE Harrison St	0.0
13.	5.2		Slight R onto SE Harrison St	0.6
14.	5.8		Slight R onto SE Lincoln St	1.8

5.8 miles. +181/-137 feet

Num	Dist	Type	Note	Next
15.	7.6		L onto SE Lincoln St	0.3
16.	8.0		Keep L onto SE East Tabor Dr	0.4
17.	8.4		L onto SE North Tabor Dr	0.2
18.	8.6		L onto SE Tabor Summit Dr	0.3
19.	8.8		Keep R onto SE Tabor Summit Dr	0.4
20.	9.2		Keep R onto SE Tabor Summit Dr	0.7
21.	9.9		Slight R to stay on SE Reservoir Loop Dr	0.4
22.	10.2		Slight R onto SE Salmon Way	0.5
23.	10.8		L onto SE 69th Ave	0.3
24.	11.1		R onto SE Stark St	0.2
25.	11.2		L onto SE 72nd Ave	0.3
26.	11.5		R onto E Burnside St	0.1
27.	11.6		L onto NE 74th Ave	0.7

5.8 miles. +460/-478 feet

Num	Dist	Type	Note	Next
28.	12.3		L onto NE Halsey St	0.0
29.	12.4		R onto NE 74th Ave	0.3
30.	12.6		R onto NE Tillamook St	0.9
31.	13.5		L onto NE 92nd Ave	0.2
32.	13.8		Keep R onto NE Rocky Butte Rd	1.3
33.	15.1		R onto NE Rocky Butte Rd	0.1
34.	15.1		R onto NE Rocky Butte Rd	2.1
35.	17.2		L onto NE 72nd Ave	0.4
36.	17.6		R onto NE Sacramento St	0.6
37.	18.2		Slight R to stay on NE Sacramento St	0.2
38.	18.4		R onto NE 57th Ave	0.2
39.	18.6		Cross Sandy Blvd. Slight L onto NE Alameda St	0.7

7.0 miles. +459/-438 feet

Num	Dist	Type	Note	Next
40.	19.3		L to stay on NE Alameda St	0.1
41.	19.4		R to stay on NE Alameda St	0.1
42.	19.5		L to stay on NE Alameda St	0.3
43.	19.7		Keep L onto NE Alameda St	0.2
44.	19.9		R onto NE 37th Ave	0.0
45.	20.0		L onto NE Bryce St	0.7
46.	20.6		R onto NE 27th Ave	0.3
47.	20.9		L onto NE Going St	1.4
48.	22.3		R onto N Williams Ave	0.2
49.	22.5		L onto N Alberta St	0.7
50.	23.2		Cross Interstate Ave. Straight to stay on N Alberta St	0.1
51.	23.4		R onto N Concord Ave	0.2
52.	23.6		L onto N Willamette Blvd	1.3

5.0 miles. +57/-110 feet

Num	Dist	Type	Note	Next
53.	24.8	■	L to stay on N Willamette Blvd	3.3
54.	28.2	■	R onto N Philadelphia Ave	0.1
55.	28.2	■	R onto N Syracuse St	0.0
56.	28.2	■	R onto N Philadelphia Ave/NW St Johns Bridge	0.7
57.	28.9	■	Stay R onto NW Bridge Ave	0.4
58.	29.3	■	R onto US-30 E	3.0
59.	32.4	■	R onto NW St Helens Rd	2.4
60.	34.8	■	Keep R to NW Sherlock Ave	0.1
61.	34.9	■	L onto NW 21st Ave	0.1
62.	34.9	■	R onto NW Front Ave	2.5
63.	37.4	■	L to Naito Bikeway	0.0
64.	37.4	■	R on Naito Bikeway	0.3
65.	37.7	■	L onto S Harrison St	0.2

14.1 miles. +215/-322 feet

Num	Dist	Type	Note	Next
66.	37.9	■	R onto Moody Ave Trail	0.2
67.	38.1	■	R onto Harbor Path	0.2
68.	38.3	■	L onto Tilikum Crossing	0.6
69.	38.9	■	R onto SE Water Ave	3.1
70.	42.0	■	L onto SE Spokane St	0.1
71.	42.1	■	L onto SE 7th Ave	0.3
72.	42.4	■	L into Sellwood Park parking lot	0.0
73.	42.5	■	The End	0.0

4.8 miles. +124/-55 feet