

Wilshire Park, Crown Point, Multnomah Falls, and Back

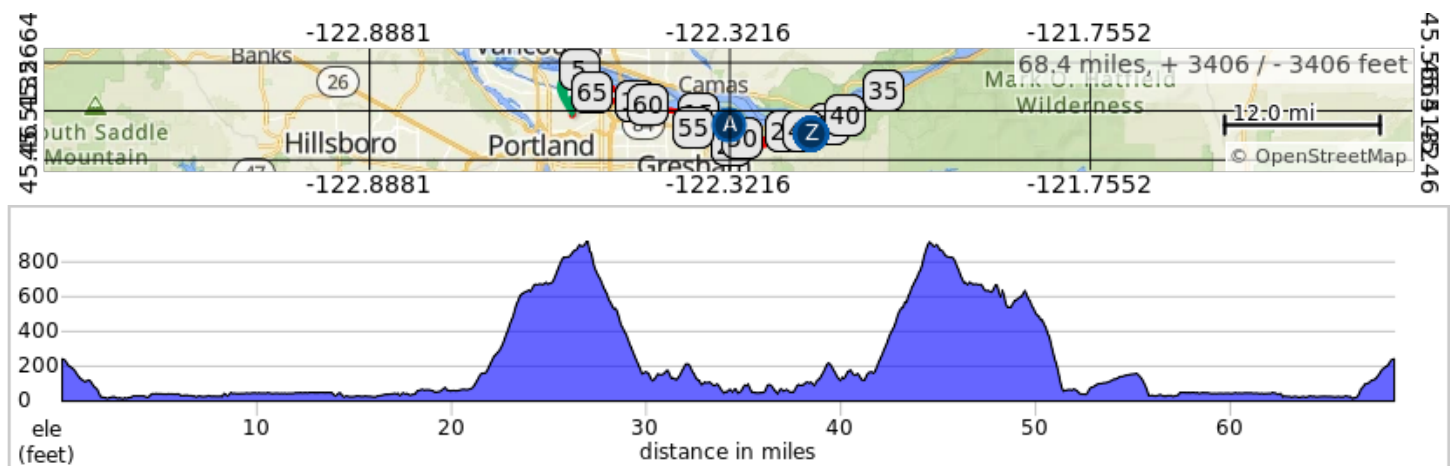


A classic ride starting at Wilshire Park, traveling along Marine Drive, and ascending to Crown Point (Vista House - restrooms). From there, we have fun descending to Multnomah Falls. Take a break, get some water at the falls, and use the restroom before returning.

We return to Crown Point and Troutdale for a coffee stop at Celebrate Me Home. After eating and caffeinating, we will head back to Wilshire Park. This ride has two climbs: Crown Point from the Troutdale side and Crown Point from the Multnomah Falls side. One of the best rides!

This ride has water and restroom stops along the way, for example, at Lewis and Clark State Recreation Site, Vista House, Multnomah Falls, and the coffee stop.

A.	Restroom - Lewis and Clark State Recreation Site	L.	
B.		M.	
C.		N.	
D.		O.	
E.		P.	
F.		Q.	
G.		R.	
H.		S.	
I.		T.	
J.		U.	
K.			



Ride Leader: Mark Detrick (503) 936-4137

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Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.1
2.	0.1		L onto NE 37th Ave	1.1
3.	1.2		L onto NE Rosa Parks Way	0.2
4.	1.4		R onto NE 33rd Ave	0.2
5.	1.6		Slight R onto the NE 33rd Dr ramp to Columbia Blvd/Deq/Oregon Food Bank	0.2
6.	1.8		Keep R at fork to continue toward NE 33rd Dr	0.2
7.	1.9		Merge onto NE 33rd Dr	1.6
8.	3.6		L onto side road	0.1
9.	3.7		R to underpass and onto path	5.0
10.	8.6		L onto NE Marine Dr	6.6
11.	15.2		L onto NW Sundial Rd	0.5
12.	15.7		R onto NW Graham Rd	1.3
13.	17.0		L onto NE Harlow Rd	0.3

17.0 miles. +196/-395 feet

Num	Dist	Type	Note	Next
14.	17.3		Straight on path under freeway.	0.2
15.	17.5		Sharp R to overpass.	0.3
16.	17.8		R onto Jordan Rd	0.2
17.	18.0		L into Lewis & Clark parking lot	0.1
18.	18.1		Restroom stop	0.1
19.	18.1		L onto Jordan Rd	4.5
20.	22.6		Slight L onto E Bell Rd	4.4
21.	26.9		Ride's highest point	0.5
22.	27.5		Vista House rest stop. Restrooms and water.	8.3
23.	35.8		Multnomah Falls turn around point. Water and restrooms.	12.0
24.	47.8		Slight R onto NE Mershon Rd	2.2
25.	49.9		L onto NE Ogden Rd	0.2
26.	50.2		R onto E Woodard Rd	1.3

33.1 miles. +2655/-2204 feet

Num	Dist	Type	Note	Next
27.	51.4		R onto Historic Columbia River Hwy	0.7
28.	52.1		L onto E Historic Columbia River Hwy	0.7
29.	52.8		Celebrate Me Home rest stop: restrooms, food, coffee, water	0.3
30.	53.1		Continue onto SW Halsey St	2.1
31.	55.2		R onto NE 223rd Ave/NE Fairview Ave	1.4
32.	56.6		L onto NE Blue Lake Rd	0.8
33.	57.4		L onto NE Marine Dr	4.8
34.	62.2		L onto I205 Multiuse Path	0.6
35.	62.8		R onto NE Alderwood Rd	1.9
36.	64.7		R onto NE Cornfoot Rd	1.5
37.	66.2		NE Cornfoot Rd turns L and becomes NE 47th Ave	0.5

16.0 miles. +238/-272 feet

Num	Dist	Type	Note	Next
38.	66.7		At 7-Eleven continue straight to NE 42nd Ave	0.4
39.	67.1		R onto NE Holman St	0.3
40.	67.3		L onto NE 37th Ave	1.0
41.	68.3		R onto NE Skidmore St	0.1
42.	68.4		The End	0.0

2.2 miles. +179/-1 feet